

1976(昭51)年9月30日学術刊行物(第4種郵便物)指定

1988年8月31日発行(1988年度版・第18号)

ISSN 0914-8248

アーユルヴェーダ研究

第18号
1988年度版



アーユルヴェーダ研究会

CONTENTS

Special Number on the 9 Annal Meeting

Opening Address	H.MARUYAMA, B.HATAI, S.SUGANAMI	4
Sitting in AV's Mineral Mediciens Symposium	Sadazo TUTUMI	6
One Research for Mineral Mediciens: Microelement Disturbance in a Living Body	Kazuo NOMIYAMA & others	8

Yoga Symposium		
Symposium Generation & Yoga Exercise Demonstration	Keisin KIMURA	14
What Can Yoga Strive in the Coming Advance Age Society	Takeyoshi SUMIKAWA	16
Yoga and Saint Dily Life	Choe DONGMIN	18
On Yoga Zen of Teacher SAHODA	Sukeo ISHIDA	19
Yoga Hygiene : On Harding of Muscle and it's Physiological Consideration	Yazuji ASAHINA	22
Yoga and Human Medicine	Yasuo JUZU	24

Medicating Process of Metals According to RASA SHASTRA	Prof.H.S.SHARMA	27
Scientific Study of RASA SAMSKARA with Special Reference to First eight SAMSKARAS	Dr.D.JOSHI	30
The Integrated Approach of YOGA Therapy in Stress Related Ailments	Dr.R.NAGARATNA	32
Concept of ABHYNGA and PINDA with Special Reference to Longivity and Health Promotion Programme	Vaidya H.S.KASTURE	36
Use of Herbal Alkaloid and Alkali Compound in KSHARASUTRA Preparations	Dr.T.DOSHI	39
Clinical Study of a Herbal Compound in Masturity onset Diabetes	A. K. JAIN & D. CHAKRABORTY	41
Ayurveda KSHARA SUTRA Therapy for Treatment of Piles and Fistula in Ano	Dr.D.H.NIKAM	44

Traditional Medicine Jamu and Borobudur Temple	Sumiko TAKAHASHI	46
On Transition of Buddhist Medicine	Kido SUGITA	50
A Proposal for Medical Information Data System of Health & Treatment	Koji MORI	52
Clinical Study of Anal Fistula Treated by Kshara-Sūtra : its Result and Composition Analysis	Kazuya YAMAMOTO & others	54
Ancient Chinese Monk who Ovserved Ayurveda Medicine	Shoji IKEGAMI	58
Program of the 9 Annal Meeting		60

Some Impressions on the Yoga Symposium	Teiji OGUCHI	62
Reminiscences of Dr.Nobuyasu ISHINO	Shigetaro KINOSHITA	69
Reading Club Records on <i>Ayurveda</i> by V.B.Athavale	Yoneko OKABE & others	70
A Sugestion to Understand <i>Ayurveda</i> by V.B.Athavale	Sumiko TAKAHASHI	88

A Report from AMURITA Society	Tadamasa TANABE	92	
Announcement for 10th Anual Meeting, R. S. A. J.		93	
List of New Members	94	Adress Change	97
Secretary Note			98

目 次

特集=アーユルヴェーダ研究会・第9回研究総会

開会の挨拶 丸山博/幡井勉/菅波茂 4

鉱物薬シンポジウムに参加して 堤 定蔵 6

生体内微量元素の攪乱 野見山一生 8

ヨーガ・シンポジウム

総括とヨーガ行法デモンストレーション 木村 慧心 14

ヨーガは来たる高齢化社会に対して、何ができるか 角川 武由 16

ヨーガと聖なる日常 崔 東珉 18

佐保田鶴治先生のヨーガ禅について 石田 祐雄 19

ヨーガ健康法 朝比奈靖司 22

YOGA と人間学 珠敷 泰夫 24

Medicating Process of Metals According to RASA SHASTRA
..... Prof. H. S. Sharma 27

Scientific Study of RASA SAMSKARA with Special Reference to
First eight SAMSKARAS Dr. D. Joshi 30

The Integrated Approach of YOGA Therapy in Stress Related
Ailments Dr. R. Nagaratna 32

Concept of ABHYNGA and PINDA with Special Reference to
Longevity and Health Promotion Programme .. Vaidya H. S. Kasture 36

Use of Herbal Alkaloid and Alkali Compound in KSHARASUTRA
Preparations Dr. T. Doshi 39